

SAGEBRUSH

Artemisia sieversiana

Family: Compositae

Names: palina sieversova, idänmaruna; Asiatisk bynke (Danish); Östmalört (Norwegian); Sieversi puju (Estonian)

Cultivation: Easily grown in a well-drained circumneutral or slightly alkaline loamy soil, preferring a warm sunny dry position. Established plants are drought tolerant. Plants are longer lived, more hardy and more aromatic when they are grown in a poor dry soil. Members of this genus are rarely if ever troubled by browsing deer. Surface sow seed from late winter to early summer in a greenhouse, making sure that the compost does not dry out. When large enough to handle, prick the seedlings out into individual pots and grow them on in the greenhouse for their first winter. Plant out in late spring or early summer. Division in spring or autumn. Basal cuttings in late spring. Harvest the young shoots when about 10 - 15cm long, pot up in a lightly shaded position in a greenhouse or cold frame and plant them out when well rooted. Very easy.

Constituents: The aerial parts of *Artemisia sieversiana* afforded, in addition to beta-sitosterol, stigmasterol and daucosterol, two novel lignans as well as one known and three new guaianolides. The structures were determined by a combination of spectral methods

Properties: Anthelmintic; Antiseptic; Deobstruent; Emmenagogue; Febrifuge; Tonic.

Medicinal Uses: The leaves and flowering stems are used externally as an antiseptic and discutient. Used both as an abortifacient and also for joints pains.

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